

# Become a Nordic Pole Walking Instructor

## NPW Instructor Certification Clinic - Halifax

Saturday May 9<sup>th</sup>, 2020, 9 a.m. – 5:30 p.m.

In the Rehearsal Hall of the Pond Playhouse and parking lot, 6 Parkhill Road in Halifax.

[Bill@NordicWalkingNovaScotia.ca](mailto:Bill@NordicWalkingNovaScotia.ca)

- Learn how to methodically teach the effective Nordic Pole Walking technique developed in Europe
- Learn about the scientific and clinical studies of Nordic Pole Walking
- Chief Instructor Trainers: Bill & Esther VanGorder.
- Discuss promotion and marketing support of Nordixx Pole Walking Canada and Atlantic distributors, Esther & Bill VanGorder of Nordic Pole Walking Nova Scotia.

The course is limited to 12 candidates. Fee: \$295.00 plus HST to be made at time of registration.

**The Nordixx Nordic Pole Walking Instructor's 8.5 Hr. Course includes:** Practical Instruction & Course Package. Your own copy of the PowerPoint presentation to use with your classes, teaching methods and instruction in the proper Nordic Pole Walking technique, Nordic Walking manual on CD, Nordic Pole Walking handouts for you to customize for use with your students, plus a set of Nordixx Walker Poles. Successful applicants will receive 4.0 CEC credits from CanFitPro Canada, a Nordic Pole Walking Instructor Diploma, access to online research and training information, Promotional page on our website & social media for your courses, Instructor prices on all poles and supplies, no charge to attend future Certification Clinics to update your knowledge and Instructor Information Package.

**To Register for the Instructor Certification Course or for more information contact**

**Bill VanGorder, Nordic Pole Walking Nova Scotia Phone: 902 454 2267**

**Email: [Bill@NordicWalkingNovaScotia.ca](mailto:Bill@NordicWalkingNovaScotia.ca) Mail: 5545 Stanley Place, Halifax NS B3K2E8**

**Registration closes 2 weeks prior to the event.**



**Bill & Esther VanGorder** are Certified Nordic Pole Walking instructors, Directors of Nordic Walking Nova Scotia and experienced fitness instructors. Bill has a lengthy background in health and fitness including 28 years as a YMCA staff member & 15 years as CEO of the Lung Association of Nova Scotia. Bill & Esther have been certified Nordic Pole Walking Instructors for 14 years.



**Nordic Walking Nova Scotia**  
Nordic Walking Poles, Supplies, Clinics & Classes  
[www.NordicWalkingNovaScotia.ca](http://www.NordicWalkingNovaScotia.ca)  
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