

Share Your Love of Nordic Walking
Become a Certified Nordic Pole Walking Instructor
NPW Instructor Certification Clinic online with Zoom
Saturday January 28, 2023 8:30 a.m. – 5:00 p.m. Atlantic Time

Candidates must be experienced Nordic Walkers using the proper European technique using Nordic style thumb-hole or cradle straps.

- Learn how to methodically teach the proper effective Nordic Pole Walking technique developed in Europe
- Learn about the scientific and clinical studies of Nordic Pole Walking
- Chief Instructor Trainers: Bill & Esther VanGorder, Nordic Walking Instructor Trainers since 2014.
- Discuss promotion and marketing support of Nordixx Pole Walking Canada and Atlantic distributors, Esther & Bill VanGorder of Nordic Pole Walking Nova Scotia.
- The course is limited to 12 candidates. Fee: \$195.00 plus HST to be paid at time of registration.

The Nordixx Nordic Pole Walking Instructor's 8.5 Hr. Course includes:

- Pair of Nordixx Global Walker poles
- Practical Instruction & Course Package
- Your own copy of the PowerPoint presentation to use with your classes
- Teaching methods and instruction in the proper Nordic Pole Walking technique
- Nordic Pole Walking handouts for you to customize for use with your students
- Successful applicants will receive 4.0 CEC credits from CanFitPro Canada
- A Nordic Pole Walking Instructor Diploma
- Access to online research and training information
- Promotional page on our website & social media for your courses
- Instructor prices on all poles and supplies for your resales
- No charge to attend future Certification Clinics to update your knowledge
- Instructor Information Package.

There is an exam at the end of the Course. Before Certification is granted, each candidate must provide a short video of themselves walking with the proper technique.

To register for the Instructor Certification Course or for more information contact
Esther VanGorder, Nordic Pole Walking Nova Scotia Phone: 902 454 2267

Email: Esther@NordicWalkingNovaScotia.ca

Registration closes 2 weeks prior to the class.

Payment of \$195 + HST must be received 10 days prior to the class.

<https://nordicwalkingnovascotia.ca/instructor.htm>